
Communion Guidelines

Guidelines for Sharing Communion Thoughts

Thank you for your willingness to share a Communion thought. Your unique life experiences and faith journey make your contribution special, and this guidance is designed to help you feel confident and focused.

Background

Communion is a time for unity among the church as we come to the table to remember Jesus, His life death and resurrection. This sacred moment each Sunday centers on His sacrifice and love. A meaningful Communion thought can be as brief as a single scripture reading and a prayer.

Outline for Communion Thoughts

1. **Opening/Introduction**
2. **Headline/Theme**
3. **Commentary**
4. **Scripture**
5. **Prayer**

1. Opening/Introduction

Begin by introducing yourself and sharing the scripture you'll be focusing on. Let the congregation know where they can find the passage in their Bibles.

2. Identify a Headline/Theme

The purpose of your Communion thought is to draw everyone closer to God and focus their hearts on the Risen Crucified Savior.

Commentary – One Main Idea

Expand on your theme with one main idea. This could include:

- A personal story or testimony.
- A biblical story that ties into your theme.
- A short list that reinforces your point (e.g., "Three ways Christ's sacrifice changes our lives").

Ensure your commentary is concise and ties back to both the scripture and specifically to Jesus.

3. Share the Scripture

Choose one scripture to center your message. Avoid jumping between multiple verses, as this can distract from your main point. A single verse or passage will help focus your audience's attention.

4. Conclude with a Prayer

After reading the scripture, summarize your message and transition into prayer. This is a good moment to reiterate your theme and ask for God's blessing on the bread and the cup. If you forgot something during your talk, you can include it in your prayer.

By following these guidelines, you can create a meaningful Communion thought that encourages the congregation to reflect deeply on Christ's sacrifice. Thank you again for serving in this way.