



# ANNUAL REPORT

# 2022



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**MANY HAVE NO ONE.  
BE THEIR SOMEONE.**

[www.stlcfs.org](http://www.stlcfs.org)



# Financial Report

for year end December 2022

## A letter from Eric McPherson Executive Director

*The Winds of Change are Blowing...*

Dear Friends and Supporters,

With Steve Awtrey's retirement on January 31st, I am now officially the new Executive Director. I am excited and eager to continue our great tradition of service to our community. Steve and our Board have set us up for success in the future as we celebrate our 50th Anniversary this year!

We are also losing Alec Hill, our insurance specialist, to retirement. We have added Mary Ennis as the Office Manager and Carla Rupkey as our new insurance specialist. Jodi has moved to the Director of Finance and Social Services.

Megan Westjohn is now our Adoption social worker. Nick Ziegler is full time as our Selah Living social worker. Sarah Gentry is moving to a full-time therapist and program advisor and Steve Awtrey is now a Director Emeritus. This year we will be looking to add 2 new social workers and 2 new therapists. That is a lot of change!

The world is changing quickly around us as well. We need you now more than ever. **We could not do what we do without you!** There are so many needs in the community from foster care to pregnancy support to transitional housing to adoption to counseling. We could not meet those needs without your contributions.

There are so many around us that have no one to help them. I have grown up in the church community, so I have always had strong support around me from my family, church, school, and friends. Sadly, many in our area do not have the strong support that a lot of us enjoy.

**Many need help,  
You want to help,  
We can help.**

*Eric*



## Giving Sources

Corporate Giving	\$14,835
Fundraisers	\$224,770
Memorial / Honorariums	\$31,021
Individual Contributions	\$353,254
Congregation Contributions	\$128,826
Grants	\$50,000
<b>TOTAL GIVING SOURCES</b>	<b>\$802,706</b>

## Revenue Sources

Contributions and Grants	\$802,706
Service Fees	\$273,703
Interest / Gains	(45,029)
<b>TOTAL INCOME</b>	<b>\$1,031,380</b>

## Program Expenses

Administration	\$117,886
Adoption	\$70,088
Foster Care	\$121,432
Maternity	\$112,358
Family Life	\$404,688
Development	\$42,995
<b>TOTAL PROGRAM EXPENSE</b>	<b>\$869,447</b>

For the past eleven years, we have contracted with Sikich, LLP to do our annual financial audit. The financial reports contained in this 2022 annual report have not yet been audited. This year's as well as previous audits, along with the IRS Form 990, will be available from CFS upon request.



# IMPACT

you made in 2022



589 child care days



4,049 counseling sessions



28 total pregnancy support clients



40 children in care



11 licensed foster homes



47 adoptive follow up sessions

## Expanding our Support Base

We are energized by expanding our support base. Rooftop Community Church has become a new monthly supporter! We are thankful for their support and their belief in us and our common mission to “serve the least of these”. We also have a new, energetic, and ambitious group of allies from the Pathfinder MOPS. Pathfinder is a church in West County and their MOPS (Mothers of Pre-Schoolers) group has been very helpful in our mission. They hosted a fall service project putting together bags of food and cleaning supplies for our moms. They are hosting a marriage seminar this spring, supporting our golf tournament, and our 50th Celebration Gathering. We are always looking to add groups who share our common mission of serving our community’s needs.

# Selah Living Update

## Many have no one, Be their someone.

For over 50 years, our faithful supporters have been “their someone”. The last few years have been some of the strongest years financially for CFS. That has allowed us to expand our services into Transitional Housing called “Selah Living”. Selah is a Hebrew word meaning to pause and lift up. We hope to provide families in crisis with a place to pause and rest and recover. Then, as partners together, we lift them up to self-sufficiency. We have added 2 new Selah Living clients in 2022. We are incredibly excited about this new opportunity!

# Pregnancy Support Impact Story

Lisa came to CFS on advice from her friend. Lisa had been in prison for much of her life due to drug use and had recently discovered she was pregnant. When she reached out to CFS, she was living in sub-standard housing with Mike, the father of the baby. Mike had also been in and out of jail.

Lisa delivered her baby girl, Maya, soon after beginning services with CFS. Unfortunately, Maya was a victim of contaminated formula which caused her to be rushed to the hospital for a failure to thrive. Once treated, Maya continued to be at-risk due to formula shortages. Lisa relied heavily on CFS to provide the much-needed formula that could not be found in stores.

While working with CFS, Lisa completed parenting classes and health and development education classes. Both Lisa and Mike proved to be hard workers, showing a determination to better their situation and provide a stable home for Maya.

Today, Maya is a happy and healthy one-year-old. With CFS assistance, Lisa, Maya, and Mike are in safe housing. Lisa and Mike now work jobs they love and have maintained sobriety. Both Lisa and Mike credit CFS with being the support they needed at the time they needed help most.

\*Names are changed to protect client privacy.

# The CFS Team

## Board of Trustees

Brad Stevens  
Louis West  
Don Fitzgerald  
Keaton Jones  
Bret Blackford  
Dave Weiler  
Stephen Walker

\*as of March 1, 2023

## Board of Directors

Brenda Cody, President  
Dewayne Donley, Vice President  
Vanessa Thomas, Secretary  
Jan Johnson, Treasurer  
Melanie Sewkarran  
Kevin Fields  
Amanda Bethel  
Sharon Johnson  
Melissa Tull  
Jamie Flores  
Michael Womble

## CFS Staff

Eric McPherson, MA, LPC Executive Director  
Steven M. Awtrey, M.Ed, LPC Director Emeritus  
Jodi Mitchell, BS Director of Finance and Social Services  
Mary Ennis, Office Manager  
Alec Hill, BS Insurance Specialist  
Carla Rupkey, BS Insurance Specialist  
Megan Westjohn, MSW, LCSW Social Worker  
Sarah Gentry, MAC, MAT, LPC Program Advisor/Therapist  
Nicholas Ziegler, BS Selah Case Manager  
Jeff Fabbiano, MA, LPC Therapist  
Sally Blackburn, PhD, LPC Therapist  
Lisa Randolph, MA, LPC Therapist  
Lindsay Ellison, MA, LPC Therapist

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