

Christian Family Services 2021 Annual Report

Celebrating 48 Years of Serving Children and Families in the St. Louis Region.



Mission Statement

Christian Family Services seeks to find homes for children through adoption and foster care as well as helping families find solutions through professional counseling services.



From the Executive Director...



Despite COVID, 2021 has been a year of growth at CFS. We have been able to increase and enrich our services to children and families in the St. Louis area! We have taken our old, dilapidated garage and transformed it into a resource room that houses diapers, wipes, clothes, backpacks and many items that we can now store to give to families in need. We have added more counselors and increased our counseling by 77% since 2018. The need for mental health services has continued to grow during the pandemic. A generous grant is making it possible to enrich our adoption program by increasing our marketing to more effectively reach out to birth moms and to digitize all of our adoption files. Our voluntary foster care program, ConnectCare, has more available foster families than we have had in over 15 years! The last thing we are excited about is our transitional housing program that we are currently developing to help families needing stable housing. Your support allows us to continue

growing. The issues are so great for children and families, and God has called His people to help the those in need. Thank you for your support! The pandemic continues to force us to provide services creatively. We see things slowly getting closer to pre-pandemic times and we welcome that with open arms!

God continues to bless CFS. We increased our fundraising efforts, and God has brought us remarkable results. We continue to expanded our pregnancy support program to reach out to more birth moms. Our ConnectCare program has eleven wonderful families that continue to open their homes to children that need a loving home. We have added therapists to our counseling program and have increased the number of counseling sessions by 10% from last year and 77% since 2018! Unfortunately, our adoptions have decreased this year to one agency assisted adoptions. The social work staff has been working hard at doubling up their efforts to reach out to more birth moms, and we have a marketing firm to help us with our digital outreach. We continue to expand our services in our ConnectCare program to a more holistic approach to serve families that are in crisis by counseling and focusing on the parents to insure a healthier environment for the young children we work with.

In 2021, we saw several significant income sources do better than their budget expectations. Our donors were very generous this past year. We received \$86,235 over budget with our individual donations, our memorials and honorary gifts were \$11,147 more than expected, corporate giving was \$17,245 more than was budgeted. With our increase in counseling, our fees were \$49,367 more than anticipated. Our Virtual Vision of Hope night brought in \$71,421 more than was budgeted and despite giving out 50% less Timothy Cans because of the pandemic, we had \$34,997 more than expected. The interest we received from our investments was \$64,831.

Unfortunately, we had two areas that did not meet our budget expectations. Our adoptions were impacted in a negative way, which made our adoption fees \$35,439 below our budget expectations and our personal fundraisers was \$10,555 below expectations.

Income Highlights!

Listed below are several of our income areas that went above their budget expectations this year.

Individual Giving.....	+\$86,235
Memorials/Honorary...+	\$11,147
Corporate Giving.....+	\$17,245
Grants	+\$19,100
Counseling Fees.....+	\$49,367
Interest.....	+\$64,831
Vision of Hope Night...+	\$71,421

Many givers again responded to the Missouri Legislature’s renewal of the Pregnancy Resource Center Tax Credit. Missouri donors now receive a 70% credit on their donations to CFS. We continue to partner with the Jefferson Foundation and received another generous grant this past year. We also received a generous grant from the Rick C. and Belinda G. Foundation.

When comparing the year's actual expenses and income with the 2021 budget, our expenses were 6% (\$46,479) over budget. The combination of increased fundraising and the generous grants, allowed our income to be 41% (\$313,335) over budget. We ended 2021 with a net gain of \$266,856.

God has blessed us in so many ways during this pandemic. Like everyone, at CFS, we miss the community that is built from being together. We hope and pray that this next year will see better health and a better sense of normalcy. With God’s help, we will be able to continue to help the families and children in need. One of the most powerful lessons we have learned in the past two years is that God is in control and that His people will step up and support His work to children and families. We thank God and our supporters for your faithfulness to our mission of finding homes for children and helping families find solutions.

Income Lows

Unfortunately, below are the areas that were below our anticipated budget.

Adoption Fees.....	-\$35,439
Fundraisers.....	-\$10,555

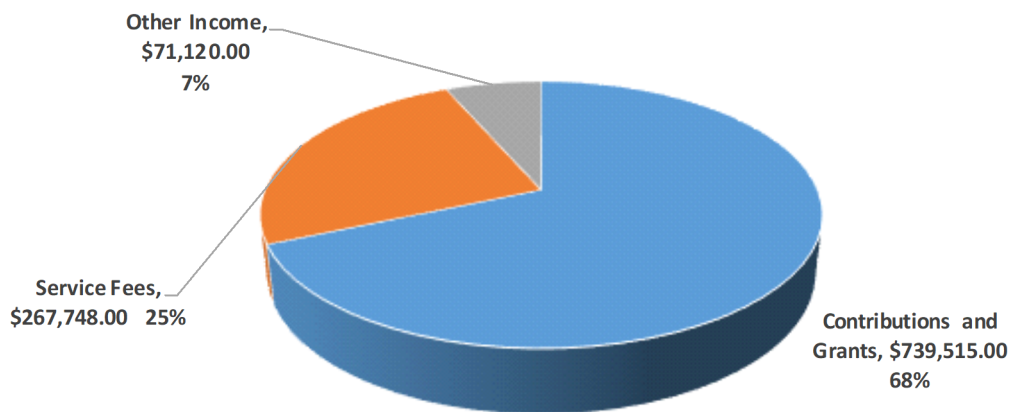


During 2021, 88% of all expenditures went toward direct services. The remaining 12% covered general administrative costs (fund raising, legal fees, professional dues, training, and audit expenses) and fixed expenses (building improvement, phones, computers, etc.). For the past ten years, we have contracted with Sikich, LLP to do our annual financial audit. The financial reports contained in this 2021 annual report have not yet been audited. This year’s as well as previous audits, along with the IRS Form 990, will be available from CFS upon request.

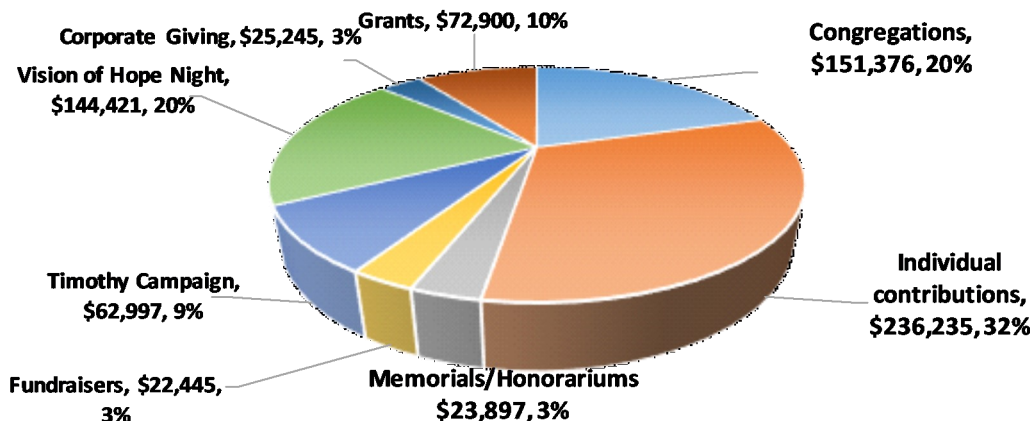
2021 By the Numbers

CFS provided
364
 foster care days and
253
 contacts with ongoing
 parental support,
20
 foster care placements of
 children using our
11
 families and referral
 assistance to
56
 families. We placed
1
 child in Christian homes
 through agency assisted
 adoptions and
 helped an additional
34
 families toward home
 placements, counseled
28
 young women experienc-
 ing an unplanned preg-
 nancy, and assisted
49
 additional women and
 families with adoptive
 and follow-up services or
 referrals. We served
753
 individuals or families
 through our counseling
 services and offered
4,319
 counseling sessions.

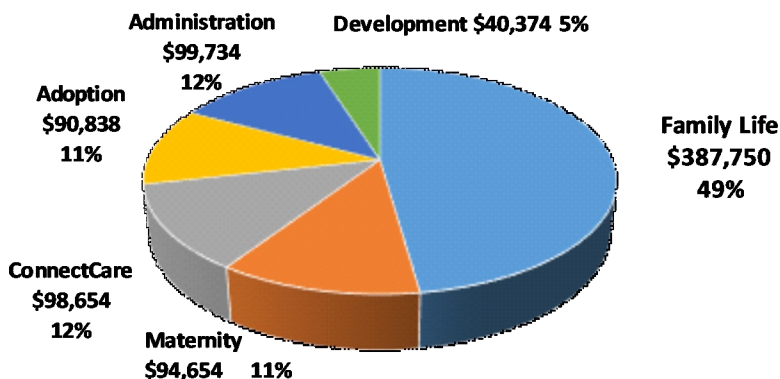
2021 REVENUE SOURCES



2021 GIVING SOURCES



2021 PROGRAM EXPENSES



Church contributions remain one of the most significant sources of income. CFS collected \$151,376 in 2021 from congregations in monthly support. There were a total of **22** churches supporting CFS. We had **14** churches in Missouri and Illinois who supported CFS on a regular basis and were also involved in our Timothy Campaign. Another **8** churches participating in the Timothy Campaign (see list on page 8).

Statement of Income and Expenses – Year End 2021

<u>Description</u>	<u>Actual</u>	<u>BUDGET</u> 2021	<u>Variance</u>
INCOME			
Contributions			
Individual	236,234.61	150,000.00	86,234.61
Memorial/Honorary	23,897.00	12,750.00	11,147.00
Annual Dinner	144,421.00	73,000.00	71,421.00
Timothy	62,996.74	28,000.00	34,996.74
Congregations	151,376.13	132,000.00	19,376.13
Corporate	25,245.00	8,000.00	17,245.00
Golf Tournament	18,120.00	16,000.00	2,120.00
Grants	72,900.00	53,800.00	19,100.00
Ballgame	2,825.00	4,500.00	(1,675.00)
Car Donation	1,500.00	1,000.00	500.00
Trivia Night	-	11,000.00	(11,000.00)
Total Contributions	739,515.48	490,050.00	249,465.48
Service Fees			
Adoption	12,561.38	48,000.00	(35,438.62)
Foster Care	850.00	1,500.00	(650.00)
Family Life	367,867.34	318,500.00	49,367.34
Insurance Write-Off	(114,130.33)	(95,000.00)	(19,130.33)
Maternity	600.00	-	600.00
Total Service Fees	267,748.39	273,000.00	(5,251.61)
Misc. Income			
Misc. Income	6,290.00	2,000.00	4,290.00
Dividend/Growth	64,830.63	-	64,830.63
Dinner Tickets	-	-	-
Total Other Income	71,120.63	2,000.00	69,120.63
TOTAL INCOME	1,078,384.50	765,050.00	313,334.50
EXPENSES			
Administrative			
Agency Expenses	99,733.83	95,275.00	4,458.83
Total Administrative	99,733.83	95,275.00	4,458.83
Programs			
Adoption	90,837.56	97,250.00	(6,412.44)
ConnectCare	98,654.13	109,275.00	(10,620.87)
Maternity	94,179.12	78,275.00	15,904.12
Family Life	387,750.08	346,400.00	41,350.08
Development	40,373.79	38,575.00	1,798.79
Total Programs	711,794.68	669,775.00	42,019.68
TOTAL EXPENSES	811,528.51	765,050.00	46,478.51
NET RESULTS	266,855.99	-	(266,855.99)

Balance Sheet Year End 2021

	Dec 31, 21
ASSETS	
Current Assets	
Checking/Savings	
Busey- Timothy Account	94,373.94
Petty Cash	80.00
PNC- General Checking	178,785.11
PNC Money Market- General	186,952.07
Total Checking/Savings	460,191.12
Accounts Receivable	
Accounts Receivable	21,418.13
Total Accounts Receivable	21,418.13
Other Current Assets	
Merrill lynch	187,362.66
Prepaid Expenses	6,820.31
Endowment Fund	365,401.97
Pledges Receivable	14,655.00
Timothy Growth Fund	81,628.04
Total Other Current Assets	655,867.98
Total Current Assets	1,137,477.23
Fixed Assets	
Building Renovations	106,785.68
Big Bend Building	260,772.00
Computer Hardware and Software	18,028.15
Office Equipment	9,866.51
Accumulated depreciation	-126,900.75
Total Fixed Assets	268,551.59
Other Assets	
Allowance dbtful accts-Pldgs AR	-3,000.00
Allowance Doubtful Accts- A/R	-2,000.00
Total Other Assets	-5,000.00
TOTAL ASSETS	1,401,028.82
LIABILITIES & EQUITY	
Liabilities	
Current Liabilities	
Other Current Liabilities	
Unearned Revenue	19,592.00
Accrued Sick Pay	38,380.94
Total Other Current Liabilities	57,972.94
Total Current Liabilities	57,972.94
Total Liabilities	57,972.94
Equity	
Opening Bal Equity	512,046.35
Retained Earnings	564,153.53
Net Income	266,856.00
Total Equity	1,343,055.88
TOTAL LIABILITIES & EQUITY	1,401,028.82



Where does the board go after a great Virtual Vision of Hope Night? Ted Drewes of course!

Professional Services

Christian Family Services, Inc., was established in 1973 to provide services to children and families in need. During 2021, we provided the same programs as in previous years: ConnectCare, maternity counseling, pregnancy support, adoptive placement, professional counseling, and family life education/enrichment. We received a generous grant from the Jefferson Foundation that allows us to expand all of our services to Jefferson County. We also receive funding from Alliance For Life to assist us with expenses for birth moms. We have offices in downtown Hillsboro at Christ’s Church of Hillsboro and the Twin-City Church of Christ in Festus as a location for our counselors and social workers in Jefferson County.

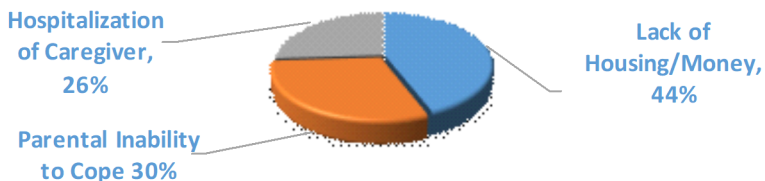
ConnectCare Our ConnectCare program is a voluntary foster care program. Our ConnectCare program cares for children in the homes of state licensed Christian foster families until the child's parents are capable of having the child returned to their home. The purpose of our ConnectCare program is to provide a safe and nurturing environment for the child while their family resolves the emotional, medical, financial, or other problems that have necessitated foster care. In 2021, the average length of stay was 16 days. Our goal is reunification of parent and child as soon as possible.

In our contract with the families, we use two evaluation tools: The Parent Stress Index and Ages and Stages assessment tools to establish the necessary resources for healthy family habits.



Our old garage transformed into a resource room to better serve our clients needs.

REASONS FOR CONNECTCARE PLACEMENTS



Counseling Impact Story...

Johnny, (not his real name) was seven years old and had difficulty being away from his parents. He worried about something happening to his parents when they were not in his presence. As Johnny entered the counseling room, he was allowed to choose what he wanted to play. I tracked his play and engaged in dialogue as he felt comfortable in the session. Feelings and emotions were discussed. We did non-direct play and direct play throughout our time together. In our play therapy, we painted and drew his feelings, discussed what his happy place looked like, read some books, role played with puppets as a way to act out his feelings and several things to help him with what was going on. We discussed how the brain worked and that it is a muscle to be strengthened. Johnny now has a better understanding of how his brain works. His confidence has grown and his ability to make decisions on his own has grown tremendously. After several sessions, he happily reported feeling better and is doing so much better!

Counseling Services The largest part of our Family Life Program is professional counseling services. In 2021, our therapists provided a total of 4,319 therapy sessions. This was an increase of 10% from 2020 and 77% more than 2018. In addition to our main office in Webster Groves, we have satellite offices in Florissant, Ballwin, O’Fallon, Hillsboro, Festus, and Fairview Heights, Illinois. Counseling services are provided on an appointment basis, paid for by the client’s personal insurance or a sliding fee determined by the family’s annual income. When the pandemic started, all of our counseling sessions were done by telehealth. We are now able to see any client that chooses to come in person. As our policy in the past, we will not turn away anyone because of their inability to pay. A very important facet of the Family Life Program is the educational and enrichment opportunities we provide. This past year we continued our marriage and family related seminars. Some had to be done virtually.

Adoption 2021 was a year of continued changes to our adoption program. We were blessed to be a part of one agency assisted adoption. With many changes happening in the adoption world, we are increasing our marketing to reach out to more moms experiencing unplanned pregnancies.

Our adoption services include preparing adoptive families in all aspects of the adoption journey. We provide home studies for families who wish to adopt through CFS and other adoption resources. In addition to the home studies, we provide marketing tools for the families to be able to market themselves. CFS also does post placement supervision, finalizations paperwork, guardianship studies, and supervision for families that need legal guardianship.

Pregnancy Support For many years, CFS has worked with expectant mothers considering adoption. Our goal has always been to help her make the best decision for her and for her baby. We have adjusted our program to encompass both options of adoption and parenting for our pregnant mothers. Our Pregnancy Support Program allows us to empower women to make a well informed decision. Our clients are generally young mothers and fathers in crisis situations facing an unplanned pregnancy. When a client feels that adoption is in their best interest, we are able to assist them with the steps to complete that process. Through Pregnancy Support, we've been able to offer not only emotional support, but assistance with housing, utilities, food, clothing, parenting skills training, and transportation. Our partnership with Alliance For Life has allowed us to be able to help financially. We believe this is an invaluable resource for struggling mothers and are excited about the support we've been able to provide.

Counseling Impact Story... This year I saw some incredible changes in the life of my clients. Joe came to counseling struggling under the weight of a divorce. He had lost his confidence to make decisions and trust God with his choices. As we discussed his problems and his past, we uncovered some unhealthy patterns of behavior from his childhood that he'd carried into his relationships as an adult. Today, after much hard work and a willingness to be vulnerable, he is thriving. It has been exciting to see God work in his life and empower him to think differently about how he relates to people in his life. He is growing deeper in his trust of God and taking steps to become the man God wants him to be.



Pregnancy Support Impact Story...

Sharaya (not her real name) reached out to CFS with an unexpected pregnancy. Her last baby had been born just a few months prior and she was not prepared to go through another pregnancy. Furthermore, she had just recently achieved sobriety and was living in a very small apartment. Her CFS social worker assisted her with stable housing, helped her develop a resume, as well as provided her with some basic needs to care for her family. Throughout her time working with CFS, Sharaya was able to maintain her sobriety, find a job, and obtain better housing for her growing family. She increased her skills through CFS' education classes and worked to increase her financial stability. Although she sustained several personal losses during her time working with CFS, Sharaya maintained her sobriety and never lost focus of her goals. Sharaya completed the CFS' program, encouraged others to reach out to CFS for help and now is in a much healthier environment for herself and her children!



The Jefferson Foundation has given us a grant to help us expand our services in Jefferson County, Missouri.



Alliance For Life has given us a grant to help with financial needs in our Pregnancy Support Program.

CFS Staff*

Steven M. Awtrey, M.Ed, LPC
Executive Director

Eric McPherson, MA, LPC
Director of Family Life

Jodi Mitchell, BS
Office Administrator
Social Service Supervisor

Alec Hill, BS
Office Assistant/Insurance Specialist

Mary Ennis
Office Assistant

Emily Johnson
Office Assistant

Laura Hays, MA, PLCP
Adoption Specialist

Megan Westjohn, MSW, LCSW
Maternity Specialist

Sarah Gentry, MAC, MAT, LPC
Connect Care Coordinator/Therapist

Nicholas Ziegler, BS
Social Worker

Jeff Fabbiano, MA, LPC
Therapist

Sally Blackburn, PhD, LPC
Therapist

Lisa Randolph, MA, LPC
Therapist

Lindsey Ellison, MA, LPC
Therapist

Cara Gray, MA, PLPC
Therapist

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Kevin Fields
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* as of March 1, 2022

Profession Services Report 2020/2021

SERVICES	2020	2021
FOSTER CARE		
Intake Calls Requesting Assistance	58	56
Child Care Days	605	364
New Placements: CFS/Contract	15/0	15/0
Children in care: CFS/Contract	26/0	20/0
Foster Homes in Study	5	1
Foster Home File Closed	2	0
New Foster Home Applications	2	1
Ongoing parental support	293	253
ADOPTION		
Adoptive Agency Placements/agency assisted	1/4	0/1
New Applicants: CFS/Contract	1/1	1/1
Homes in Study: CFS/Contract	1/3	2/2
Families under Supervision: CFS/Contract	2/3	0/4
Adoptive Finalizations: CFS/Contract	2/1	0/2
Guardianship Study	6	8
MATERNITY		
Total Maternity Clients: CFS/Contract	26/7	27/1
Clients that Placed	5	0
Clients that Parented	5	9
Clients Making Other Arrangements	0	0
Maternity/Adoptive Follow-up Contacts	66	37
Intake Calls for Services or Referrals	42	49
COUNSELING SERVICES		
Sessions Provided	3,928	4,319
Cases Opened	560	362
Cases Closed	350	234
TOTAL COUNSELING CASES	897	753
PRESENTATIONS	6	4

2021 Supporting Churches

- | | |
|-------------------------------------|---|
| * Bonne Terre Church of Christ | † Lafayette Church of Christ |
| * Centreville Church of Christ | † Maryland Hts. Church of Christ |
| † Christ's Church (Hillsboro, MO) | † McKnight Crossings Church of Christ |
| † Connections Christian Church | |
| † Dunn Road Chapel Church of Christ | * New Heights Christian Church |
| † Fairview Hts. Church of Christ | † O'Fallon Church of Christ |
| * Ferguson Hts. Church of Christ | * Overland Church of Christ |
| † Florissant Church of Christ | * St. Louis Metropolitan Church of Christ |
| † Godfrey Church of Christ | *Twin City Church of Christ |
| † Halls Ferry Christian Church | † Vaughn Hill Church of Christ |
| † High Ridge Church of Christ | * West Central Church of Christ |
| † Jackson Church of Christ | |

† - Supporting church and Timothy Campaign participant

* - Timothy Campaign participant